



National Burn Association of South Africa

Healing Hands, Hearts and Voices

Profile of the Organisation 2018

Legal Foundation

The National Burn Association SA, formerly the Thandi Foundation was constituted in January 2008 as a Voluntary Association and registered as a Non Profit Organisation in May 2010, to promote Burn Safety Awareness to all the peoples of South Africa and emotional rehabilitation of Burn Survivors. We subscribe to the Department of Social Development Code of Good Practices and Transparent Governance and our Executive Board oversees the functions of management.

Objectives

- ❖ The first objective of NBASA is to disseminate information to the people of South Africa on how to prevent deaths, injuries and property loss due to fires and burns.
(According to 2014 stats of Fire Protection Association of South Africa, insured fire losses exceed R2 billion per annum).
- ❖ The second objective is to emotionally support those affected by burns (30 000 burn incidents per annum Markinor survey 1999).

1: Public Education in Burns Prevention

Zero Burns Week© Awareness Campaign

To achieve our first objective we run various Awareness Campaigns using all media (print, radio, TV, Social Media). The campaigns highlight targeted safety messages. We hold our "Zero Burns Week"© (in National Burn Safety week 6 – 12 May). We also try to convey many of these safety messages through the use of arts and culture. e.g. dramatic presentations.

Fun 2 Teach Fire Safety© Programme

Is a spinoff program from our regular education programme that teaches BURN SAFETY at schools, institutions, corporates. staffed by the directors and community liaison officers.

Our Fun2Teach© programme uses volunteer educators to teach burn safety in a fun and interactive way to the public (all ages from pre -school to the Aged) . This is a great initiative for companies wanting to do something for Madiba Day in July. Volunteers need a half hour to an hour training with our Organisation prior to teaching. In 2018 we are aiming to reach **#100lessons**. "Make EVERY day a Madiba Day"

Industrial Theatre (on hold for 2018)

The purpose of the Educational/ Industrial Theatre Project is three-fold:

- a) to allow our beneficiaries to perform as part of their 'healing' process; the beneficiaries work alongside professional actors/ directors so as to also be upskilled
- b) each performance is aimed to teach/ inform school children or senior citizens from indigent communities preventative education messages around fire and burn safety
- c) the stipend earned from each performance contributes to the performer's self sufficiency

Know what to do in case of fire... get out and stay out a burning building or vehicle... Clothes on fire- stop, drop and roll... Emergency 10177 ... NBASA

2 : Interventions for Burn Survivors and their Caregivers

What's App groups

What's App groups are the primary intervention for burn survivors introduced to NBASA. Being on a chat group allows the member to interact with other burn survivors, ask questions, discuss challenges/solutions. These groups are monitored for any 'untoward' comments so that a counselling intervention may be set in place if deemed necessary.

Social Clubs

Social Clubs are the next intervention for burn survivors introduced to NBASA. Members meet quarterly in the community (more often if funding permits) and interact at an event with other burn survivors. We arrange activities and outings that are designed to promote the emotional wellbeing and self esteem of burn survivors and their caregivers.

A natural extension of our social clubs is our **Rehabilitative Choir: Choir on Fire** – (name chosen by members)...

This is a small group consisting of both burn survivors and non- burn survivors which gets together to rehearse, and perform at certain events or for other burn survivors e.g. still in hospital. This group plays a large role in the emotional healing of burn survivors.

International Burns Jamboree

NBASA's founding directors were instrumental in conceptualizing, initiating and successfully hosting the very first International Burns Camp. It was hosted in Johannesburg, SA in 2006 and created an international collaboration that continues to this day. Camps have since been held in 2008 in Canada and 2010 in England. Once again the 2013 Jamboree was hosted in Johannesburg by NBASA. The 2017 BURN JAMBOREE was held in London in August. Unfortunately we were unable to attend.

Local Camps

Camps that have specific objectives and outcomes for the implementation of strategic interventions are ongoing as the need arises and ***as funding allows***. Every camp has a therapeutic and rehabilitative component. Our ideal is to hold 2 camps annually: 1 in Gauteng and 1 in KZN /the Cape.

Special Projects

Although we do not generally give beneficiaries money directly, other than in the form of stipends, we do try to assist where possible in special cases. For example we have funded a burn survivor, on the point of suicide, with rental money for a couple of months) so that she could continue to stay in her accommodation and attend counselling. We have a beneficiary presently whose face is covered in keloids (hard lumps formed from scar tissue), who would like to have these corrected surgically. We are trying to raise some funds to help her with this.

NOTE re Therapy

All therapy is done through partnerships with universities. We interact with Social Work departments at Wits for psychological therapy; and the Somatology dept at UJ for skin therapy. We also provide counselling via SADAG for the burn survivors that request it.

3. Wish list/ Goals/ 5 year plan/ Projects needing Sponsorship

Fashion Show

We are working on a collaborative fashion show with burn survivors, EMS and other roleplayers. We need funding for the venue (R40 000 if we use an established Barnyard show as the backdrop). The purpose is to give burn survivors an opportunity to model/ design clothing, organize an event and most importantly to develop self- esteem. This project grew from certain members' requests to be involved in a fashion show.

Educational Roadshow

On the cards for 2020 is an educational roadshow, taking burn prevention education to some “rural” schools. Again this will require sponsorship and donor funding.

NBASA Centre

In order to create a meaningful and focused application of our objectives, particularly the second objective which is to emotionally rehabilitate those affected by burns, our **aim** is to have a dedicated, physical Centre available for those affected by burns. It should have available accommodation (for out of town family of burn patients), recreation areas, Counselling rooms, kitchen. A hall with seating and a stage for our productions and rehearsals would be integral to our programmes.

Entrepreneurship Program (not yet established)

NBASA exists for the development of self help groups for burn survivors. One of the strategies is to create self employment for burn survivors through the development of a co-op whereby burn survivors are trained, skilled and supported to operate their own Co-Operative managed by NBASA to sell safety equipment such as smoke detectors, Burn Shield products and to promote burns safety.

Board of Directors

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*Find us on **Facebook**: National Burn Association SA*

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Executive Board

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